

Character profiling

A guide to characters and their journey by David Steinhoff – Presence Global Entertainment

CREATING CHARACTERS

Create sharp, well- defined characters with a sense of power, clear objectives, motivations and strong values.

Characters should be engaging and distinct. This may be demonstrated by their power, presence, dynamic, humor, flaws or focus.

CREATE A STRONG EXTERNAL WANT

The character wants something. The stronger the desire, the better. Story question: What do they want?

CREATE A STRONG EMOTIONAL NEED

What the character wants is in conflict with what the character needs for growth.

An alcoholic wants a drink but they need to sober up. Story question: What do they need to change and grow?

EXTERNAL VERSUS INTERNAL CONFLICT

The protagonist will face an external conflict posed by a nemesis.

They will also face an internal conflict they must overcome, a fatal character flaw in their character, causing them to hurt other people and stopping them from achieving their goal. They need to address this but the writer needs to determine the flaw.

Story question: What is the character's fatal flaw and how is it harming others and stopping them from achieving their personal goal?

THE HERO CAN ONLY BE AS GREAT AS THE CHALLENGE THEY FACE AND THE JOURNEY THEY TAKE

Make the challenge great. Make the opposing motivations strong. Make the values valid, close yet opposite. Make the stakes high and ensure the nemesis pushes the hero to the extreme. The nemesis forces the hero to face their inner demons in order to overcome the external threat. This creates a character arc and an **emotional through-line** that glues audiences to the journey.

Create and define their arcs – Remember the greater the arc the more engaging the story.

Story question: Who is the nemesis? How does the nemesis challenge for the main character in a way that requires him to overcome his flaw in order to resolve the challenge and attain his goal?

THE INCITING INCIDENT

The inciting incident throws the hero's life out of kilter. They seek to restore balance.

Story question: How does the inciting incident unexpectedly and ironically propel our main character into conflict while highlighting his flaw?

THE ULTIMATE CRISIS

Within the plot, the protagonist must face a crisis that forces the main character to finally and fully confront and overcome his flaw in order to resolve the conflict and ultimately attain his personal goal. This will likely be brought on by the nemesis. **Story question:**What is that crisis?

THEME AND MESSAGE

The theme or issue of the story will be explored through the protagonist and nemesis's **opposing values**. Traditionally, the protagonist learns, changes or adapts. The nemesis does not. **Story question:** What is the theme and how is it explored?

MESSAGE

The Author's message is revealed by the final decision or reveal to the protagonist. It is the third path the protagonist takes after resolving their external and internal conflict. It is the way the Author believes we should live our lives. **Story question: What is the message?**

CREATE A SYMPHONY

Characters act as a symphony. The hero sets the tone. The nemesis creates the threat, then each other character plays a role based on the genre requirement. The note each characters strikes supports the story but the dominant musical themes are determined by the hero and the nemesis.

STRUCTURE NOT DIALOGUE

Express the story through the structure not the dialogue. The structure will be the journey the protagonist takes, (an excellent example of structure is Truby's 7 steps).

DIALOGUE - DO WHAT I SAY, NOT WHAT I DO

Few characters say what they mean or mean what they say. That kind of alignment should be reserved for unique moments of truth and revelation.

<u>IMPORTANT</u>

This guide is designed for the creation of protagonists but can be paired back to create a nemesis or other characters.

Image What do they want? (External desire) What is their fatal flaw? What is the character's fatal flaw and how is it harming others? How is that flaw stopping them from achieving their want / need or both? What is their need / Internal need? What do they need to learn and grow? How does the inciting incident unexpectedly and ironically propel our main character into conflict while highlighting their flaw?

How does the nemesis test the protagonist to make them face their flaw/weakness?
If they protagonist can face this and overcome they can achieve their want, need or both.
What is the ultimate crisis or choice that will force the character to face their fatal flaw?
On the way to the crisis, what is the track of the character arc?
What are the lessons they need to learn?
What are the experiences that will force them to learn these lessons?
What will be the structure of our story?

What are the opposing values? What does this character believe in and potentially stand for? How does this oppose the nemesis?	
What is the theme?	
What is the Author's message?	
Revealed by the third way, a ground between the opposing values of the protagonist and nemesis and the lesson that the protagonist has learnt.	
THE BASICS	
Handle: By what name are they known by and to whom?	
Different groups and people may use unique names for the character.	

Description:	
What does this character look like? What distinguishes them from others?	
Born: (When, where, ethnicity)	
Location: (Where are they now)	
Age range:	
State of health?	
Mentor or influences inc family:	
Tag: (Something they say that defines them or their journey)	
Star sign / enegram / etc	

How do we first meet them and what does that reveal about them? How you introduce your character immediately introduces their archetype or their dilemma.	
Post inciting incident they may experience some emotional and / or physical paralysis. What does that looking like and what snaps them out of it?	
Post snapping out of it they will determine a course of action, a plan and an objective. Describe it and what is motivating them to take this course of action.	
It will address their external want but be the wrong choice and fail to address their internal need.	

Who does the character align with to achieve their goals?	
(Individuals, organizations or tribe)	

PERSONALITY, BACKROUND and DETAILS

CULTURE	
Class?	
Race?	
Education?	
Job or career?	
Religion?	
What tribe do they belong to?	
For example: Teen Emos, working	
class tradesperson, explorer or	
creatives etc	
What does their tribe believe in or what	
unique values do they hold that in part	
defines them?	
What are their beliefs about how the	
world is and how it operates?	
What are their traditions?	
What are the societal values they must	
appear to live up to?	
How formal are they and towards who	
and in what situations?	

FAMILY
What is their role in their family? (For
example, first son, husband/wife,
partner, home-father, father-
breadwinner, mother, Career woman,
single-mother-parent etc)
How does their role in the family affect
them in this situation?
HISTORY
Define this with unique events in their
timeline
Childhood
Schooling
Military service
Career
Family
Relationships
Greatest successes
Greatest failures

WHAT IS THEIR FOCUS?
What is their focus?
Some people's lives are focused on local gossip at the hairdressers and others of global politics.
Some see the world through a religion.
Some see it through a defining event that has happened such as the holocaust or that will happen such as a return of a deity.
Are they a global – big thinker – philosopher, uninterested in small issues or perhaps details?
Through to Only interested in trivial issues OR
Completely focused on one specialty or interest to the exclusion of all else for example a great scientist or a musician
IQ?
Dumb as a rock?
Bright-spark?

EQ - Level of consciousness	
 Not conscious - instinctual, 	
follower	
 Subconscious - habitual, robotic, 	
reactive	
 Conscious - aware, intelligent, 	
conceptual, reflective	
 Super-conscious - intuitive, 	
guiding, truthful, loving,	
universal or the alternative	
version of that, intuitive,	
manipulative/politically savy, capable of mixing truth with lies,	
a sociopath devoid of empathy	
but highly capable	
sattinging capasis	
EGO	
Where does it manifest?	
How does it alter their decisions?	
POOTING (NEOATING TUNKER	
POSTIVE / NEGATIVE THINKER	
In what areas are they true helicyers	
In what areas are they true believers and in what are they cynical?	
and in what are they cymical?	
HOW DO THEY RELATE?	
Emotionally	
Logically	

WHAT IS THEIR IDEOLOGY?	
If they were to write a manifeste on	
If they were to write a manifesto on	
how we should live our life, what would	
it say?	
PRESUMPTION OF CHARACTER?	
Do they presume the best or worst of	
people?	
WHAT ARE THEIR PREJUDICES?	
WHAT ARE THEIR SKILLS?	
WHAT ARE THEIR DAILY RITUALS?	
WHAT FASCINATES THEM?	
Do they have hobbies? Even if we don't	see those hobbies, what would they be? What do these hobbies reveal of their
personality?	
Hobbies	
Interests	
WHAT IS THEIR TASTE IN MUSIC?	
WHAT GAMES DO THEY PLAY?	
That might be Xbox, netball, infidelity,	
relationship sabotage, sibling torment?	
Totationship sabotage, sibiling torriterit!	

SEXUALITY	
Hetro/ Gay/ Lesbian / Closet / Other	
What floats their boat? / What is their	
bent?	
How does it affect their journey in life?	
DRESS SENSE	
What do they wear for what occasion?	
HOME	
What does their place look like? How	
do they decorate? What does that say	
about them?	
	T
WHAT IS THEIR PRESENTATION TO	
THE WORLD?	
What masks do they wear? / What is	
their pretense?	
(See also Personas below)	
Who do they think they are?	
Who are they really?	
How do other people see them?	
How do they communicate?	

TACTICS Create a list of verb-tactics they employ to get what they want? For example: To compliment To threaten To intimidate To entice/tease To confuse/mislead	*In many cases a character will mix and mash hot and cold techniques, charming another character to disarm them then threatening them to get what they want.
To bamboozle Etc	
LEXICON Their language and sayings	

PERS	ONAS
People	e have different personas around
	family, club, other. How they
	e is different in these situations?
Family	
Work	
Partne	r
Other	
Other	
CIRCI	ES OF ASSOCIATION
Who c	o they associate with and why?
Inner	pircle
Outer	circle
Who c	o they align with during the story
and w	, , ,
	-
WHAT	MOMENT DO THEY LIVE IN?
Is any	one home?
	In the moment
0	Focused on the past
0	Focused on the future
	(Something ahead of them)
0	Focused on the contact person
	or focused on others (Multiple
	actions) or not focused on them
	at all
0	What events in the script snap
	them into a different moment or
	focus them into the present?

PSYCHOLOGY	
What do they take pride in?	
What do they fear?	
What is their greatest fear?	
What are they insecure about?	
What behavior threatens them?	
What is their weak spot?	
What will trigger them to act?	
What mask do they wear?	See personas
What are they afraid people will	
discover about them/ about who they	
really are?	
What do they believe their future to be?	
Where do their loyalties lie?	

ABSTRACT	
If they were an animal what kind of	
animal would they be?	
If they were weather what kind of	
weather would they be?	
If they were water, what state or body	
of water would they be? (This may	
describe their state of mind)	
What triggers them?	
What do they see and hear? For	
example: Someone says or does	
something they interpret in another way	

DEFENSE POSTURE		
Note also that a character may adopt a defense posture when attacked or threatened. Freud created a list of these. See below:		
Repression: An active defence process pushes anxiety arousing impulses or memories into the unconscious mind.	A person was sexually abused in childhood develops amnesia for the event	
Denial: A person refuses to acknowledge anxiety arousing aspects of the environment. The denial may involve either the emotions connected with the event or the event itself.	A man who is told he has terminal cancer refuses to consider the possibility that he will not recover	
Displacement: An unacceptable or dangerous impulse is repressed then directed at a safer substitute target.	A man who is harassed by his boss experiences no anger at work but then goes home and abuses his wife.	
Projection: An unacceptable impulse is repressed then attributed to other people.	A woman with a strong repressed desire to have an affair continually accuses her husband of being unfaithful to her.	
Rationalization: A person constructs a false but plausible explanation or excuse for an anxiety arousing behaviour or event that has already occurred.	A student caught cheating on an exam justifies the act by pointing out that the professors tests are unfair and, besides, everybody else was cheating too.	

Reaction formation:	
An anxiety arousing impulse is	A mother who harbours feelings of
repressed and its psychic energy	resentment toward her child
finds release in an exaggerated	represses them and becomes
expression of the opposite behaviour	overprotective of the child.
Sublimation:	
A repressed impulse is released in the	A man with strong hostile impulses
form of a socially acceptable of even	becomes an investigative reporter
admired behaviour.	who ruins political careers with his
	stories.

COOL versus WET
A character should not be histrionic
unless by design. An element of 'cool',
is the sparkle for a character where as
'wet', histrionic creates powerless
people that are not engaging.
Q: What is their 'Cool' and how does
in manifest

CHARACTER TRAITS	
What are their personality traits?	
Examples - Negative	Examples - Positive
Tight	Orderly
Tardy	On time
Righteous	Tolerant
Arrogant	Moderate/modest
Pretentious	Moderate/modest
Treacherous	Loyal
Lazy	Diligent
Easily angered- misconstrues meaning	Listener
even in good things	
Suspicious - Paranoid	Open - observant
Devoid of empathy - sociopath	Possesses empathy – participates in social contract

CHARACTER TRAITS	
Negative	Positive

COLOR PALETTE	
What are the colors that define them	
and their personality?	
and their personality!	
*This is the second of the sec	
*This will be considered for production	
design of costume and locations etc.	
FOUR INTERVIEWS	
This technique has the character speak	
to the interviewer and answer Qs about	
them and their plans and expectations	
before the inciting incident, after, and at	
the very end of the story.	
BEFORE THE INCITING INCIDENT:	
What are your expectations of life,	
dreams and ambitions?	
POST THE INCITING INCIDENT:	
POST THE INCITING INCIDENT:	
What is their reaction to the event?	
How have they tried to recover?	
What is their plan of action?	
WHAT I LEARNED of my opponent	
and what surprised me:	
and muct our prioce mo.	

END OF STORY

What I learned and how I changed.

"The movie camera is something that hates acting, but loves behaviour." (Dustin Hoffman).

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